



# The Monthly Period-ical

November 2023

## Renewing Dignity Donates to Hurricane Relief



Working with our partner, Feeding Northeast Florida, Renewing Dignity donated 45,324 period products to the Hurricane Idalia Big Bend Relief effort. This was the first major hurricane to hit our neighbors in the Big Bend area in the modern age. Thank you to all Renewing Dignity donors who support our mission helping those in need!

This Giving Tuesday, Renewing Dignity's Board of Directors is matching every dollar donated up to \$15,000!



As the holidays are fast approaching and joyful festivities are underway, Renewing Dignity invites you to give a gift of your time, talent or treasure to help women, girls and those that menstruate in our community. For Giving Tuesday (November 28), Renewing Dignity's Board of Directors is matching every dollar donated in November up to \$15,000! Your generous donation will be DOUBLED - twice the impact! Hurry, don't delay...donate today!

If you prefer to donate your time and talents, please consider hosting a Dignity Drive at your office, place of worship, etc. and drop off your donation at Everbank Field, Lot J, on November 20 from 1-3pm. In conjunction with Feeding Northeast Florida and the Jaguar Foundation, we will be hosting a Basic Needs Pantry serving those families facing low-income in our community.

Donate Now and DOUBLE your Impact!



## Unique Gift for the Holidays!

'Tis the season! The young and young-at-heart on your holiday gift list will be thrilled to receive this awesome Period Pouch created to store menstrual essentials. Several styles available. Your purchase will also benefit those who struggle to afford period supplies because our outstanding partner, [Natural Life](#), donates a portion of the revenues to Renewing Dignity!

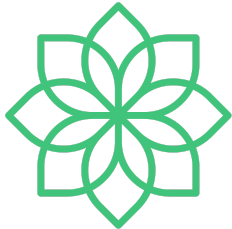
Order your Period Pouch Here!

## Thank you St. Vincent's Medical Center!



"I read a heartbreaking statistic about the number of women that miss school or work due to a lack of feminine hygiene products. I knew then that I wanted to find a way to help. Our Period Supply Drive was a perfect way to collect sanitary products for those in need and raise awareness about period poverty," said Kelly Rios, ICU Nursing Supervisor, St. Vincent's Medical Center. Renewing Dignity sends a warm, heartfelt "thank you" to Kelly Rios (pictured) and her colleagues at St. Vincent's Medical Center for collecting 1,476 tampons and pads for those in need in our community!

Renewing Dignity  
is so thankful for our  
partners, volunteers,  
donors and  
all supporters  
today and everyday.



# RENEWINGDIGNITY

*Eliminating 'period poverty' through distribution, education and advocacy*

OUR MISSION is to eliminate period poverty through direct period product distribution, education, and advocacy. We believe that unmet menstrual hygiene needs are health and safety, dignity, equity, and social justice issues.



Renewing Dignity  
Attn: Jan Healy, Founder

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