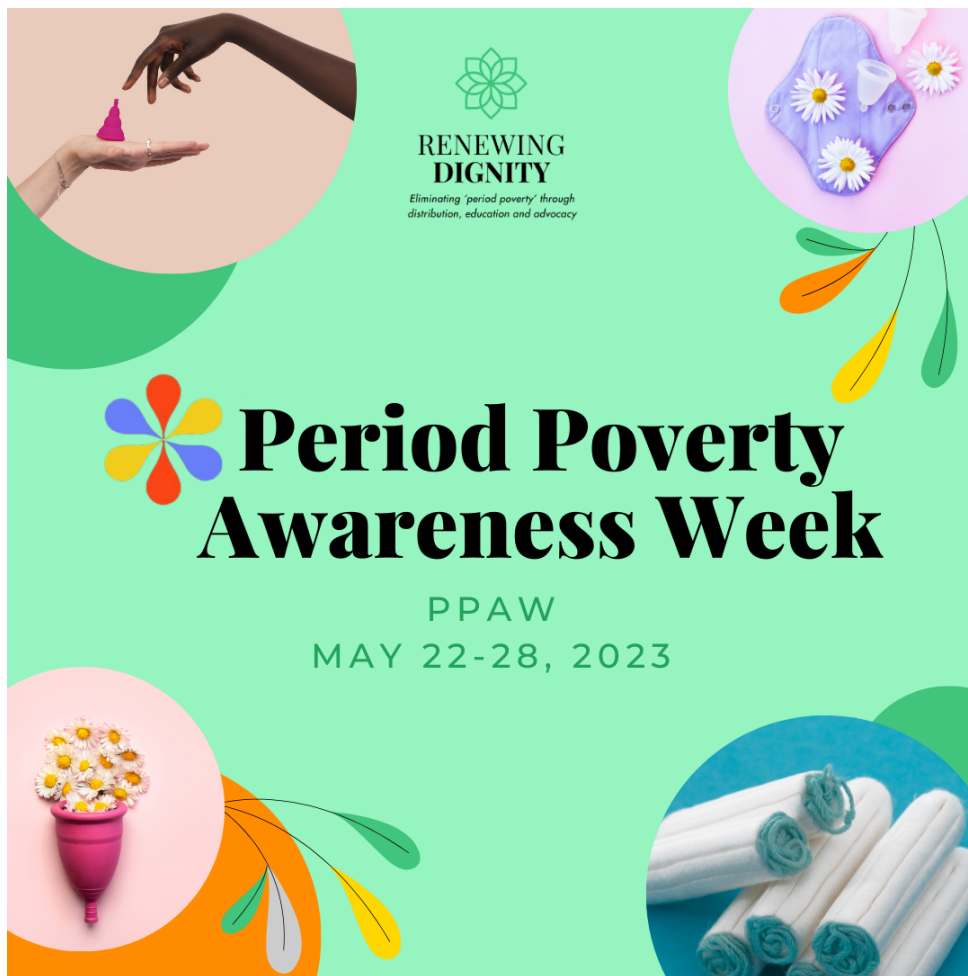




The Monthly Period-ical

May 2023



Period Poverty Awareness Week Advances Renewing Dignity Mission of Eliminating Period Poverty

Period Poverty Awareness Week (PPAW), May 22-28, draws attention to the issue of period poverty and the negative impact it has on people who menstruate. PPAW is an opportunity for Renewing Dignity to continue spreading its mission of eliminating period poverty through *distribution, education and advocacy*.

In anticipation of PPAW, on Wednesday, May 17 @ 10:00 - 11:30, please join [Renewing Dignity](#) and our valued partner, [Feeding Northeast Florida](#), at Chet's

Creek Church as we distribute free tampons and pads to anyone in our community in need. Kicking off PPAW, on Monday, May 22, in concert with our partner, [GirlsHelpinGirlsPeriod](#), we are hosting two education events at MaliVai Washington After School Program for middle and high school girls. Renewing Dignity Board Member, Kendra Gillespie, M.D., will lead an engaging educational workshop and respond to student questions about periods.

PPAW is sponsored by the Alliance for Period Supplies. We encourage everyone to join the movement and become advocates to help #endperiodpoverty by starting a conversation about period poverty, hosting a product drive, volunteering or donating to Renewing Dignity.

[Join the Movement Here!](#)



Florida House Representative, Kelly Skidmore (center)

Menstrual Products in Schools Bill PASSED in
Florida House

We are delighted to announce that the Florida House of Representatives unanimously passed the [CS/HB 389 Menstrual Products in Schools](#) bill, formerly referred to as the Learning with Dignity bill! If passed by the Senate and signed into law, the legislation allows Florida school districts to provide period products, such as tampons and pads, free to middle and high school students.

Your letters of support to legislators were critical to this victory! We thank Representative Skidmore, the bill sponsor, for her tireless support as well as all the Florida House members. Renewing Dignity and many organizations across the state, led by the [Women's Foundation of Florida](#), share in this milestone win for Florida students, as well.



Period Pouches For Mother's Day!

Mother's Day is May 14! You have plenty of time to order a special gift for your Mother or that special Mother in your life and support Renewing Dignity at the same time. These adorable "Period Pouches" created for Renewing Dignity by our amazing partner, Natural Life, will "Wow"! These pouches are the perfect size for you, your daughters and friends to store your period essentials. There are four popular styles and they easily fit in your purses and backpacks. Best of all, Natural Life donates a percentage of the proceeds to Renewing Dignity! A WIN for all this Mother's Day!

Happy Mother's Day!

Purchase Here!



Menstrual Cups Help Save the Planet!

In honor of Earth Day and Mother Earth, Renewing Dignity distributed menstrual cups at the Jacksonville Riverside Arts Market for free. Menstrual cups have many benefits – they are environmentally friendly, offer excellent leak protection and can save you money over time. Enjoy your new cups and tell your family and friends about environmentally friendly period products. Together, we can save the

planet.

Who Needs Period Supplies?

Do you or someone you know need tampons or pads? Renewing Dignity distributes free period supplies the third Wednesday of every month rain or shine for FREE! Pick up supplies at:

Chet's Creek Church
6625 Terry Road
Jacksonville, FL 32216



Be Part of the Menstrual Equity Solution!

Please consider a donation to help support our mission. Your financial support is critical to continuing our work. Thank you!

DONATE TODAY!



RENEWING DIGNITY

Eliminating 'period poverty' through distribution, education and advocacy

OUR MISSION is to eliminate period poverty through direct period product distribution, education, and advocacy. We believe that unmet menstrual hygiene needs are health and safety, dignity, equity, and social justice issues.



Renewing Dignity
1001 Mayport Rd #330885, Atlantic Beach, Florida 32233
United States

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